

## Toronto Nature Stewards Non-Woody Planting List for Ecoregion 7E4

Moisture: **Dry, Average, Moist, very moist to wet M/M**

Sun/shade: Sun = mostly all day sun Sun/Semi-shade (S/SSH): dappled sunlight reaches the ground Shade: little sunlight reaches the ground

Very few herbaceous plants survive in heavy shade. They may be present but are not thriving or reproducing much.

Natural, mature forests have deep shade and often have spring ephemerals but once they go dormant, few herbaceous species can be found. It can be normal for some places to be bare looking.

### Plants for Sun

Common Name	Botanical Name	Moisture Level	Notes
Wild Leek	Allium tricoccum	A/M	
Pearly Everlasting	Anaphalis margaritacea	A	open disturbed ground
Wild Columbine	Aquilegia canadensis	A/D	forms a deep root, can survive droughts, avoid 'nativars' sun
Common Thimbleweed	Anemone virginiana	A	
Fox Sedge	Carex vulpinoidea	A/M	occasionally found in wet sunny spots in forests
Showy tick-trefoil	Desmodium canadense	A	
Canada Wild Rye	Elymus canadensis	A/D	
Daisy Fleabane	Erigeron annuus	A/D	commonly found in meadows encourage to grow wild, not available for purchase
Philadelphia Fleabane	Erigeron philadelphicus	A/D	commonly found in meadows encourage to grow wild, not available for purchase
Boneset	Eupatorium perfoliatum	M	
Grass-leaved Goldenrod	Euthamia graminifolia	A/M	a tough goldenrod for gravelly spots encourage to grow wild, not available for purchase
Wild Strawberry	Fragaria virginiana	A	
Wild Geranium	Geranium maculatum	A	will take some shade
Wild Bergamot	Monarda fistulosa var. fistulosa	A	
Common Muhly Grass	Muhlenbergia mexicana	A	for sunny disturbed sites, prefers little competitor
Black-eyed Susan	Rudbeckia hirta	A	do <b>not</b> substitute Rudbeckia triloba
Little Bluestem	Schizachyrium scoparium	A/D	for dry disturbed sites with poor soi
Rough-leaved goldenrod	Solidago patula	M/W	
Indian Grass	Sorghastrum nutans	A/D	will grow in drier spots
Cup Plant	Silphium perfoliatum	A/D	good for disturbed soil sites, can spread aggressively
Heath Aster	Symphotrichum ericoides	A	open spots without competition
Panicled Aster	Symphotrichum lanceolatum var. lanceolatum	A/M	colonizer encourage to grow wild, not available for purchase
New England Aster	Symphotrichum novae-angliae	A	a tough aster, great for insects encourage to grow wild
Tall Meadow Rue	Thalictrum pubescens	A/M	
Blue Vervain	Verbena hastata	A/M	
Hoary Vervain	Verbena stricta	A/D	will grow in drier spots, disturbed soils

### Plants for Semi-Shade/Shade

Common Name	Botanical Name	Moisture	Notes
White Baneberry	Actaea pachypoda	A/M	will take more sun
Red Baneberry	Actaea rubra	A/M	sunny forests
White Snakeroot	Ageratina altissima var. altissima	A	a good spreader
Agrimony	Agrimonia gryposepala	A/M	encourage to grow wild, not available for purchase
Canada Anemone	Anemonastrum canadensis	A/D	spreads aggressively in sun, behaves in shade
Common Thimbleweed	Anemone virginiana	A	good spreader

Wild Ginger	Asarum canadensis	A	likes the sunny side of shade, do <b>not</b> get European Ginger
Woodland Sedge	Carex blanda	A/M	especially good along disturbed path edges
Graceful Sedge	Carex gracillima	A/M	
Loose-flowered sedge	Carex laxiflora	A	sun/light shade but not open meadows
Tall Enchanter's Nightshade	Circaea lutetiana ssp. canadensis	A/M	seeds are very fertile, part shade or light sun encourage to grow wild, not available for purchase
Honewort	Cryptotaenia canadensis	A	excellent lowland forest plant for partial shade to sunny – forms a matrix. encourage to grow wild, not available for purchase
Marginal Wood Fern	Dryopteris marginalis	A	often on cool north slopes
Yellow Trout-lily	Erythronium americanum	A/M	
Woodland Strawberry	Fragaria virginiana spp. virginiana	A/M	spreads by stolons and rhizomes
White Avens	Geum canadense	M	can form a colony
Woodland Sunflower	Helianthus divaricatus	A/D	colonizes, oak savannah specialist but adaptable
Pale-leaved Sunflower	Helianthus strumosus	A/D	colonizes, oak savannah specialist but adaptable
Ox-eye/False Sunflower	Heliopsis helianthoides	A	clumps, prairie specialist but adaptable
Virginia Waterleaf	Hydrophyllum virginianum	A	spreads - senesces by July, returns in fall
Path Rush	Juncus tenuis	A/M	grows well on path edges, tolerates soil compaction encourage to grow wild, not available for purchase
Great Blue Lobelia	Lobelia siphilitica	M	likes the sunnier places
Fringed Loosestrife	Lysimachia ciliata	A/M	encourage to grow wild, not available for purchase
Starry False Solomon's Seal	Maianthemum stellatum	A/M	forms colonies
Ostrich Fern	Matteuccia struthiopteris	A/M	spreads aggressively
May-apple	Podophyllum peltatum	A	spreads
Christmas Fern	Polystichum acrostichoides	A/M	deep shade, grows slowly; cool north slopes
Calico Aster	Symphotrichum lateriflorum	A	not too tall, likes trail edges encourage to grow wild, not available for purchase
Panicled Aster	Symphotrichum lanceolatum var. lanceolatum	A/D	colonizes encourage to grow wild, not available for purchase
Bloodroot	Sanguinaria canadensis	A	do <b>not</b> plant 'double flower' cultivars
Blue-stemmed Goldenrod	Solidago caesia	A	
Zig-zag Goldenrod	Solidago flexicaulis	A	spreads into larger clumps
Heart-leaved Aster	Symphotrichum cordifolium	A	spreads
Early Meadow Rue	Thalictrum dioicum	A/D	tolerates deeper shade
Red Trillium	Trillium erectum	A/M	encourage to grow wild, not available for purchase
White Trillium	Trillium grandiflorum	A/M	encourage to grow wild, not available for purchase
Yellow Violet	Viola pubescens	A/M	
Common Violet	Viola sororia	A	do not accept cultivar garden violets which are invasive, only a few suppliers have the native

### Wetland Plants - areas next to ponds or seepage areas

Common Name	Botanical Name	Light	Notes
Jack-in-the-pulpit	Arisaema triphyllum	Ssh	
Swamp Milkweed	Asclepias incarnata	Sun	
Fringed Sedge	Carex crinita	Sun/SSh	
Cypress-like Sedge	Carex pseudo-cyperus	Sun/SSh	
Fox Sedge	Carex vulpinoidea	A/M	most often found in wetlands, marshes
Marsh Marigold	Caltha palustris	Sun	
White Turtlehead	Chelone glabra	Sun	don't plant the non-native (pink) garden species
Boneset	Eupatorium perfoliatum	Sun	
Spotted Joe-Pye Weed	Eutrochium maculatum var. maculatum	Sun	

Scouring Rush	<i>Equisetum hymale</i>	Sun/SSh	can become a dominant groundcover	encourage to grow wild, not available for purchase
Orange touch-me-not	<i>Impatiens capensis</i>	Sun/SSh		encourage to grow wild, not available for purchase
Blue Flag Iris	<i>Iris versicolor</i>	Sun		
Great Blue Lobelia	<i>Lobelia siphilitica</i>	Sun/SSh	likes the sunnier places	
Soft-stemmed Bulrush	<i>Schoenoplectus tabernaemontani</i>	Sun		
Rough-leaved Goldenrod	<i>Solidago patula</i>	Sh/SSh		
Skunk Cabbage	<i>Symplocarpus foetidus</i>	SSh		
Swamp Aster	<i>Symphotrichum puniceum</i> var <i>puniceum</i>	Sun		
Blue Vervain	<i>Verbena hastata</i>	Sun		